

# ADVANCEMENT COURSES™

## Support Group Planner

This template will help you set up each of your support groups.

<b>WHO?</b>	Who will participate?	
	Who will facilitate each meeting?	
	What organizations can I partner with to create and facilitate the group?	
<b>WHAT?</b>	What kind of group will I create?	
	On what will it focus?	
<b>WHERE?</b>	Where will the meetings take place?	
<b>WHEN?</b>	When will the meetings take place each month?	
	How frequent will they be?	

	How long will they be?	
<b>WHY?</b>	On what area of trauma will we focus?	
	Why is this group needed?	
<b>HOW?</b>	How will each session open and close?	
	Will the sessions include games or icebreakers?  If so, what games and icebreakers?	
	Will the meetings use social–emotional learning? If so, what strategies will I use?	
	Will I use a curriculum like S.E.L.F.?	
	Will the meetings include mindfulness training? If so, what strategies will I use?	